

BEREAVEMENT NETWORK OF HAWAII

I.SUPPORT GROUPS

BRISTOL HOSPICE

500 Ala Moana Blvd., Suite. 4-547, Honolulu, HI 96813

Phone: Bereavement Coordinator – Ahi Johnson, MFT, 536-8012

Email: ahi.johnson@bristolhospice.com

Bereavement Coordinator – Angela Quito, LSW, 536-8012

Email: angela.quito@bristolhospice.com

Website: www.bristolhospice.com

Eligibility: Anyone who is grieving a loss of a loved one.

Services: Individual and family counseling by appointment.

Weekly Bereavement Support Groups:

Every Tuesday morning, 10:00a.m. – 11:00 a.m. @ Unity Church, 3608 Diamond Head Circle, Honolulu, HI 96815.

Every Second Thursday, 11a.m.-12:30p.m. Spouse Support Group at Ka Punawai Ola, 575 Farrington Highway Kapolei HI 96707 Bereaved Spouses call 536-8012 to register.

Evening Support Group at Makakilo Elem School Cafeteria, 92-675 Anipeahi St, Kapolei, 3rd Thurs of the month from 5:30 -7:30 pm.

(More groups to come in Aiea/PC & possibly for the staff of OCCC)

Fee: Free.

CASTLE MEDICAL CENTER

640 Ulukahiki St., Kailua, HI 96734

Phone: Mattie Waltbillig, 263-5050

email: waltbim@ah.org

Chaplain Dominic Lizzi, 263-5343

email: lizzidm@ah.org

Website: www.castlemed.com

Eligibility: Anyone who is in need of the support that the following support groups can provide.

Services: Windward Support Groups. Please call for more information and schedule.

Alzheimer Caregivers Support Group every 3rd Tuesday of the month, 6:00 p.m. @ the Wellness & Lifestyle Medicine Center. Contact: Mattie Waltbillig

Caregivers Support Group last Tuesday of every month, 10:00 a.m. @ Castle Medical Center Pikake Room. Contact: Mattie Waltbillig.

General Grief Support Group 1st & 3rd Mondays of the month, 3-4:30 p.m. @ Wellness & Lifestyle Medicine Center. Contact Chaplain Dominic Lizzi or Mattie Waltbillig.

Hospice every 2nd Friday of the month, 1:00 p.m. @ the Wellness & Lifestyle Medicine Center. Contact Mattie Waltbillig.

National Association of Mental Illness (NAMI) every 4th Tuesday of the month, 5:30 p.m. – 7:30 p.m. @ the Wellness & Lifestyle Medicine Center. Contact Mattie Waltbillig.

Parkinson's Disease Support Group every 4th Tuesday of each month, 5:30 p.m. @ Wellness & Lifestyle Medicine Center. Contact: Mattie Waltbillig.

Fee: Free. Registration is not required.

COMPASSIONATE FRIENDS

Phone: David Kaniaupio, Chapter Co- Leader, (808) 222-6556

Email: kaniaupiotcf@gmail.com

Terry Kaniaupio, Chapter Co- Leader, (808) 222-2729

Email: kaniaupiotcf@gmail.com

Jeanne Martin-Hopkins, Chapter Treasurer, (808) 445-5670

Email: jeannem1212@hotmail.com

Patti Kaneshiro, **Hilo Chapter** Leader, 937-7523

Kathy Bello, **Hilo Chapter** Co-Leader, 896-3610

Email: easthawaiiitcf@yahoo.com

Website: www.compassionatefriends.org

www.compassionatefriendshawaii.org

Services: Self-help group assists parents and siblings with adjustments to grief/loss.

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Oahu meetings are the first Saturday of every month 10:00 a.m. – 11:30 a.m. at Pagoda Tower, 1525 Rycroft St., Honolulu, HI 96814.

Hilo meetings are on the 4th Wednesday of each month a Hilo United Methodist Church, 374 Waianuenue Avenue from 5:00 p.m.–6:30 p.m.

Fee: Free

FAMILY BEREAVEMENT SUPPORT GROUP

Phone: Sandra Pohl, 226-4787

Email: louisphlgallery@gmail.com

Eligibility: Family members who have lost a loved one through death.

Services: Monthly support group meets every second Sunday of every month, 1:00p.m. – 3:00p.m. at Kaiser Moanalua, Ewa Conference Room #1 (Second floor). Facilitated by Rev. J.P.

Fee: Free

GRIEFSHARE

First Presbyterian Church, 45-550 Kionaole Road, Kaneohe, HI 96744

Phone: Church office: 808-532-1111

Sissi Tran-Copeland (661)-220-0441

Email: griefshare@fpchawaii.org

Marianna Meachen 225-8448

Email: marianna@fpchawaii.org

Website: www.griefshare.org or www.fpchawaii.org

Eligibility: Anyone who has lost a loved one to death.

Service: This a faith-based, non-denominational, Christ-centered 13 week program that facilitates healing and recovery from grief. Sessions stand alone; participants may join at any time. Three series a year. We meet at First Presbyterian Church of Honolulu at Ko'olau Golf Course. Date/time of the meeting may vary. Please contact the church office or one of the facilitators listed above for current meeting date/time.

Fee: \$15.00 suggested donation for the workbook.

GRIEFSHARE

Grace Moore Kimata Center at Wahiawa United Methodist Church, 1445 California Ave., Wahiawa, HI 96786

Phone: Jim Higa (Chair) 232-3992 and Dina Cornwall (Church Secretary) 622-4361

Email: jameshhiga@hawaiiantel.net

Website: www.wahiawaumc.org

Eligibility: Open to all island residents who have lost a loved one to death.

Services: Grief Share is a Christian based, nondenominational program that covers grief and facilitates the road to recovery. It is a 13-week session support group of members who have experienced bereavement. Each session includes a video seminar and small group discussion. There is also a special one-day "Surviving the Holiday" session.

Fee: Free - includes workbook and access to an extensive library of grief related books

HOSPICE HAWAII

860 Iwilei Road, Honolulu, HI 96817

Phone: Aki Morita, Psy.D. Bereavement Coordinator, 924-9255, fax: 922-9161

Email: bereavement@hospicehawaii.org

Website: www.hospicehawaii.org

Eligibility: Anyone who has experienced the death of a loved one.

Services: Bereavement support groups for adults, annual family/children's camp, *Ka Pilani Pulama* (The Caring Connection), and consultation/support for death in the workplace, schools, and the community.

Honolulu Adult Grief Support Group Meets 2nd and 4th Fridays of the month, 1:00 pm-3:00 pm at Kaiser Honolulu Medical Office Conference Room 2E, 1010 Pensacola St., Honolulu.

Windward Adult Grief Support Group meets on the second Friday of the month, 1:00 p.m. – 3:00 p.m. at Castle Hospital Wellness and Lifestyle Medicine Center, Wellness Auditorium, 640 Ulukahiki St., Kailua.

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Aiea Adult Grief Support Group meets on the fourth Monday of the month, 6:30 p.m. – 8:30 p.m. at Pali Momi Medical Center, Ewa Conference Room, 98-1079 Moanalua Rd., Aiea.

Molokai Adult Grief Support Group meets every Thursday from 2 to 4 PM at the Molokai Community Center, 30 Oki Place, Kaunakakai. Contact: (808)553-4310

Family Night for Bereavement Support: March 1, May 3, July 5, September 6, November 1, 2018, 6 pm – 7:30 pm. Free. RSVP one week prior.

For more info: bereavement@hospicehawaii.org

HUG HAWAII

725 Kapiolani Blvd., #3503, Honolulu, HI 96813

Phone: Yuki Floyd, (808) 398-0818

Email: info@hughawaii.com

Website: www.hughawaii.com

Eligibility: Japanese speaker who is grieving the loss of a loved one.

Services: 1. Meetings are held the first Tuesday and Third Wednesday of every month, 10:30a.m.-12:00p.m. at Ala Moana Hotel, 1st floor, Starbucks Cafe.

2. Suicide Survivors Group - Monthly, 4th Wednesday, 10:00 am – 12:00 pm. Call or email for location

Fee: \$45 per year

ISLANDS HOSPICE

1301 Young Street, Suite 300, Honolulu, HI 96814

Phone: Chaplain Sally Handley, Director of Bereavement & Volunteer Services
(808) 550-2552, fax: (808) 550-2551

Email: Shandley@islandshospice.com

Website: www.islandshospice.com

Eligibility: All people of all ages in the community who are grieving the loss of a loved one.

Services: Bereavement support groups for adults.

Honolulu:

First Tuesday of each month, 6 p.m.

Islands Hospice Office

1301 Young Street, Suite 300

Honolulu, Hawaii 96814

Magic Island:

First and third Thursday of each month, 9 a.m.

Group meets at Magic Islands under trees behind the first lifeguard station

Magic Island, Honolulu

Kaneohe:

Second Tuesday of each month at 10am

Aloha Nursing and Rehab Center

45-545 Kamehameha Hwy

Kaneohe, HI 96744

Kapolei:

Second and Fourth Wednesday of each month at 6pm

Ilima at Leihano

739 Leihano Street

Kapolei, HI 96707

For more information or to RSVP please contact Sally Handley, Director of Bereavement Services or Jackie Waldman, Bereavement Social Worker.

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808-550-2552

Shandley@islandshospice.com

Jwaldman@islandshospice.com

In your time of healing, Islands Hospice welcomes you to Kokua Kalihi Valley Ho'oulu 'Aina. This is a welcoming place of refuge where people of all cultures sustain and propagate the connections between the health of the land and the health of the people.

This will be a time to join others in personal healing while restoring precious land.

Ho'oulu 'Aina offers a unique way to process your loss outdoors by gardening, digging, or simply sharing stories. Visit www.hoouluaaina.com for more details.

KIDS HURT TOO HAWAII

245 N. Kukui St. Suite 203, Honolulu, HI 96817

Phone: 545-LOVE (5683)

Executive Director, Michael Moore (New E.D. 3/19/18)

Hiro Ito: hiro@kidshurttoo.org

Nana Horoiwa: horonana@gmail.com

Website: www.kidshurttoo.org

Eligibility: Youth ages 3 to 19 (and their families) who have experienced a loss from the death of someone close, divorce, relocation, or separation from parents.

Services: 1) Peer support groups for children and teens; 2) Workshops and training; 3) Crisis intervention after violent death. Call for locations, times, and dates of peer groups; to schedule or attend a workshop; or to request a crisis intervention.

Fee: Free to children and families; service fees for training and workshops. Donations accepted.

LET GRACE IN

P.O. Box 1738 Aiea, HI 96701

Phone: Gabby Gouveia (808) 451-3660

Email: gabby@letgracein.org

Website: Letgracein.org

Eligibility: Anyone grieving the loss of a child, birthed or stillborn, including 2nd or 3rd trimester of pregnancy.

Services: Weekend HOPE retreats, online resources for grieving families, and educational seminars.

Fee: No charge for retreats and online services. Scholarships available for seminars (open to public).

MADD (MOTHERS AGAINST DRUNK DRIVING - VICTIM SERVICES)

745 Fort Street, Suite 303, Honolulu, HI 96813

Phone: Theresa Paulette at 532-6233/532-6232 fax: 532-6004

Email: Thereasa.Paulette@madd.org; hi.state@madd.org

Website: www.madd.org

Eligibility: Those who have been injured or lost a loved one to a drunk-/drugged-driving crash or any type of homicide.

Services: Emotional support, bereavement literature, and assistance/advocacy with the criminal justice system, and attorney/counselor/community resource referrals.

Referral to professional counseling, monthly support group for those who have lost a loved one to a drunk-/drugged-driving crash or any type of homicide. We provide a Victim Impact Panel for DUI offenders mandated by traffic courts on a quarterly basis. 24 hour Victim Helpline Toll free 1-877-MADD-HELP (1-877-623-3435)

Fee: Free and confidential

MAKE TODAY COUNT (Sponsored in part by THE AMERICAN CANCER SOCIETY)

Nuuanu Congregational Church, 2651 Pali Highway, Honolulu, HI 96817

Phone: Jenny Hausler at 455-3242 or 368-4594

Email: jenhausler@hotmail.com

Website: www.cancer.org

Eligibility: Open to the community

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Services: Meetings are held the 3rd Saturday of every month 10:00 a.m. – 12:00 noon at Nuuanu Congregational Church, 2651 Pali Highway.
Fee: Free

PARENTS OF MURDERED CHILDREN

46-217 Lilipuna Road, Kaneohe, HI

Phone: Nadine Onodera, 236-2242

Email: nonodera@hawaii.rr.com

Eligibility: Anyone who had lost a loved one to homicide or other violent death.

Services: Monthly self-help support groups, 9:30 am – 12 noon on the 4th Saturday of every month at First Assembly of God @ Moanalua. Ongoing emotional support, court accompaniment, assistance with documents and procedures.

Fee: Free

PET LOSS SUPPORT GROUP

Hawaiian Humane Society, 2700 Waiialae Avenue, Honolulu, HI 96826

Phone: Sharon Sagayadoro, 356-2222, fax: 955-6034

Email: sgsagayadoro@hawaiianahumane.org

Other inquiries: Allison Gammel agammel@hawaiianhumane.org

Website: www.hawaiianhumane.org

Eligibility: General public. Children under 16 should be accompanied by an adult.

Services: This group offers information & emotional support for those who are grieving the loss of an animal. The group meets once a month on the 1st Tuesday of each month, 6:30 p.m. – 7:30 p.m. at the Hawaiian Humane Society, 2700 Waiialae Avenue. Call to reserve a seat. Rosemarie Grigg available for phone support, phone Stephanie for more info.

Fee: Free

ST. FRANCIS HOSPICE

St. Francis Maureen Keleher Center, 24 Puiwa Road, Honolulu, HI 96817

Phone: 595-7566

Fax: 547-8149

Website: www.stfrancishawaii.org

Eligibility: Anyone grieving the death of a loved one.

Services: Comprehensive support services aimed at meeting the needs of grieving individuals, including ongoing grief support group meetings, walk in the mall program, lunch bunch groups, grief classes, and grief workshops.

Children's Grief Newsletter (4 issues per year). Free and open to the community. Call to be on mailing list.

Grief Support Groups:

Liliha location @ St. Francis Community Health Services, 2251 Mahalo Street, Honolulu, HI. Meets 1st Friday of the month, 10:00 a.m. – 12:00 noon. Registration is required. Call Luisa Wyant, L.C.S.W., at 547-8147 or email LWyant@stfrancishawaii.org to register.

West location @ Franciscan Vistas Community Ctr. Lounge, 91-1471 Miula St., Ewa Beach, HI. Meets 2nd Thursday of the month, 10:00 a.m. – 12:00 noon. Registration is required. Contact Wesley Taira, L.C.S.W., at 547-8129 or email WTaira@stfrancishawaii.org to register.

Wai'anae location @ Lili'uokalani Trust, 87-1876 Farrington Hwy., front room of Hale O Papa Building, Wai'anae. Meets every 3rd Tuesday of the month, 10:30 a.m.- 12:30 noon. Registration is required. Call Bonyen Colunga, L.S.W., at 547-8033 or email BColunga@stfrancishawaii.org to register.

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Grief Support Groups in the Park:

Windward location @ Kailua Beach Park, 1:30 - 3:30p.m. Every 1st Monday of the month, except September 2019 – no meeting. Registration is required. Call Valerie Payton, L.C.S.W., at 547-8144 or email VPayton@stfrancishawaii.org to register. Please meet at the pavilions which are at the end of the park nearest to Lanikai. Bring a beach chair or use one of ours for seating in this covered, nicely breezy area. Several parking areas are close by – the closest is near the boat ramp. Water fountains and restrooms are within easy reach.

Central Oahu location: “A Walk in the Park”@ Wahiawa Botanical Gardens. 9:30-11:30a.m. Meets every second Tuesday of the month, except March, July and November 2019 – no meeting. Also, June 2019 meeting will be on the 18th due to holiday. Registration is required. Call Valerie Payton, L.C.S.W., at 547-8144 or email VPayton@stfrancishawaii.org. We will hold our meetings in the Gathering Room just inside the park entrance. When the weather is fine, we may spend part of our time together in a nature walk on the Upper Terrace. This gentle walk is wheelchair accessible. Free parking.

Evening Grief Classes:

Creative Approaches to Grief: Liliha location @ St. Francis Community Health Services, 2251 Mahalo Street, Honolulu, facilitated by Valerie Payton, L.C.S.W. Class held the 4th Monday of the month, 5:30 p.m. -7:30 p.m., except in May the meeting will be on the 20th due to holiday. Registration is required. Call Valerie at #547-8144 or email VPayton@stfrancishawaii.org to register.

Men’s Grief Support Group: Ewa Beach location @ St. Francis Hospice West 2nd floor conference room, Thursdays, November 7 and December 5, 2018, 5:30p.m.-7:30p.m. New location to be announced beginning in January, 2019. Please register with Wesley Taira, L.C.S.W., at 547-8129 or email WTaira@stfrancishawaii.org.

WALK IN THE MALL (open to anyone who has had a loss).

Pearlridge: Every 1st Wednesday of the month, 8:00 a.m.–9:00 a.m. at Pearlridge Center, Uptown, 2nd floor, fronting Bath & Body Works. Facilitator: Bonyen Colunga, L.S.W.

Kahala: Every 3rd Wednesday of the month, 8:00 a.m.–9:00 a.m. at Kahala Mall Shopping Center, Kahala Theatres rotunda. Facilitator: Diane Regan, L.S.W.

Windward: Every 4th Wednesday of the month (except for December – 3rd Wed.), 9:00 a.m. – 10:00 a.m. at Windward Mall, Lower Level, fronting Macy’s. Facilitator: Luisa Wyant, L.C.S.W.

SPECIAL EVENTS:

Memorial Walk: Friday, May 17, 2019, 9:30-12:30p.m. at Wahiawa Botanical Gardens, 1396 California Avenue, Wahiawa. To RSVP and for information, call Valerie Payton, L.C.S.W. @ 547-8144 or email VPayton@stfrancishawaii.org. As we remember our loved ones, we will make ti leaf lei as a gift to contribute to the 40,000 lei which will be placed on graves at Punchbowl for Memorial Day, and we will start one lei to finish at home to memorialize our loved one. Instruction provided.

Memorial Walk: Friday, August 16, 2019, 9:30-11:30p.m. at Ho`omaluhia Botanical Garden in Kaneohe, a grief walk utilizing the beauty of nature. Please register with Bonyen Colunga, L.S.W., 547-8033 or email: BColunga@stfrancishawaii.org

32nd Annual Interdenominational Memorial Service: “A Rose for Remembrance”
Friday, November 9, 2018, 7:00p.m. at Newman Center, University of Hawaii at Manoa.

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For info, contact Diane Regan, L.S.W., at 547-8145.

Annual Tree Lighting Event:

Friday, December 7, 2018, 5:30 p.m. – 8:00 p.m. at Nuuanu Facility, 24 Puiwa Road, Honolulu.
Friday, December 14, 2018, 5:30 p.m. – 8:00 p.m. at Ewa Facility, 91-2127 Ft. Weaver Rd., Ewa Beach.

STAR OF THE SEA HEALING HEARTS MINISTRY

4470 Aliikoa Street, Honolulu, HI 96821

Phone: Teddy Adorable 395-4585

Email: tadorable@hawaii.rr.com

Phone: Debbie Galipeau 734-7106

Email: dlgaipeau@msn.com

Website: <http://www.staroftheseahonolulu.com/>

Services: Bereavement Support Group for those actively grieving, one-to-one individual support through Emmaus companionship as well as prayer ministry support.

Fee: Free

TEMPLE EMANU-EL GROUP FOR GRIEF AND CAREGIVER RESILIENCY

2550 Pali Hwy, Honolulu, HI 96817

Phone: Rev., Dr. Richard Ries 295-3999

email: revrichard.ries@gmail.com

Phone: Rabbi Ken Aronowitz 595.7521 ext. 3270

email: rabbi@shaloha.com

Services: Weekly Bereavement and Caregiver Support Group working with themes of loss, anticipatory loss, healing, heart-opening and finding meaning. (New time to be announced).

Fee: Free

II. AGENCIES

BORTHWICK MORTUARY

1330 Maunakea Street, Honolulu, HI 96817

Phone: Mel Kalahiki, 522-5200, fax: 522-5206

email: melvin.kalahiki@dignitymemorial.com

Erik Takai

email: erik.takai@dignitymemorial.com

Eligibility: General Public

Services: Provides literature and videos for bereavement support. "Picking Up the Pieces" program is a series providing assistance and support in coping with the death of a loved one. Topics vary from the death of a child, suicides, and unexpected deaths.

Fee: Free

HUGS

3636 Kilauea Avenue, Honolulu, HI 96816

Phone: 732-4846, Fax: 732-4881

Ho'okele Case Manager—Judith Wilhoite

Family Services Program Specialists – Alyssa Imai & Aryuna Radnaeva

Director of Programs—Chiyomi Chow

Email: info@hugshawaii.org

Website: www.hugshawaii.org

Eligibility: Seriously ill children and their families.

Services: A wide range of peer support services for seriously ill children and their families, plus bereavement support to these families.

Fee: Free

KA MAKANA O LILI'UOKALANI

Kaumakapili Church, 766 North King Street, Honolulu, HI 96817

Email: Kaumakapili@yahoo.com

Phone: Erla Pauole, 523-6756, 845-0908, fax: 843-0711

Email: epauole@hawaii.rr.com

Eligibility: All children of Hawaiian ancestry below the age 18 with one or both parents deceased.

BEREAVEMENT NETWORK OF HAWAII

Services: Services range from referrals to appropriate community resources to financial assistance. A special gift from Queen Lili'uokalani.
Fee: Free

KOKUA MAU "A Movement to Improve Care"

P. O. Box 62155, Honolulu, HI 96839
Phone: Jeannette Kojane, 585-9977,
Email: info@kokuamau.org, jkoijane@kokuamau.org
Website: www.kokuamau.org
Eligibility: Services are open to everyone, membership grants a discount for educational activities.
Services: Speaker's Bureau, educational materials, resources and training related to hospice, POLST (Provider Orders for Life-Sustaining Treatments), end-of-life care, palliative care and early advance care planning on all islands. For free monthly E-newsletter, write to info@kokuamau.org.
Fee: Nominal fees for training materials. Speaker's Bureau - Donations requested, if possible.

LEGACY OF LIFE HAWAII

405 N. Kuakini Street, Suite 810, Honolulu, HI 96817
Phone: (808) 599-7630, Fax: (808) 599-7631
Felicia Wells-Williams, RN, Director of Family Services, 585-3412
Carol Anne Gordon, MSW, Family Services Coordinator, 599-7630
Email: familyservices@legacyoflifehawaii.org
Website: www.legacyoflifehawaii.org
Eligibility: Family members of Hawaii's organ, tissue, and eye donors.
Services: Provide support and follow-up care for donor families. Provide information related to organ, tissue, and eye donation. Please call for information.
Fee: Free

HAWAII HEALTH & HARM REDUCTION CENTER (HHRC) (FORMERLY LIFE FOUNDATION)

677 Ala Moana Blvd., Suite 226, Honolulu, HI 96813
Phone: Leilani Maxera, Outreach & Overdose Prevention Manager 521-2437 ext. 273,
Email: Lmaxera@HHRC.org
Website: www.hhrc.org
Eligibility: Varies between programs, but primarily people living with and /or affected by HIV, hepatitis, substance use, and the transgender, LGBTQ and the Native Hawaiian communities.
Services: Confidential comprehensive support services including case management, community resource referral and supportive activities for HIV-positive individuals, transgender services, overdose prevention, etc. See website for more details.
Fee: Free

LILI'UOKALANI TRUST

Phone: **Honolulu:** #851-7721, Vernon Viernes, 1300 A Halona St., Honolulu, HI 96817
Email: vviernes@onipaa.org
Ko'olau Poko: #235-7613, Bert Oka, 46-316 Haiku Rd. Kaneohe, HI 96744
Email: Boka@onipaa.org
Hale'aha: #293-8577, Ka'ai'ai Paglinawan, 53-516 Kamehameha Hwy., Punaluu, HI 96717
Email: jpaglinawan@onipaa.org or
Coreen "Lei" Dijos Email: cdijos@onipaa.org
Wai'anae: 87-1876 Farrington Hwy., Wai'anae, HI 96792
#851-7811, Yuki Lei Tanaka-Pabo, Email: YTanakaPabo@onipaa.org
#851-7817, Pua Kaninau-Santos Email: Kkaninausantos@onipaa.org
Neighbor Island available.

BEREAVEMENT NETWORK OF HAWAII

Website: www.onipaa.org
Eligibility: Part-Hawaiian and Hawaiian orphans, age 0 – 17. The Trust defines an orphan with one or both parents dead.
Services: Wide range of resources and counseling, including grief support.

PLAYWORKS

Phone: Nan Holmes, 741-4787
Eligibility: General public
Services: PlayWorks is an art studio where people use painting and creative sand play to access those feelings that are difficult to express in words. Working individually in a group setting, participants learn to trust the process to speak the language of their hearts and have an option to share with each other what their innermost selves have to say.
Fee: Call for information

REID RICHARDS FOUNDATION “NAPUAOKAMAOLA”

P.O. Box 61526, Honolulu, HI 96839
Phone: Roberta Richards, 220-3491 Email: lele8864@hawaii.rr.com
Services: We provide academic scholarships to students who have lost a biological parent through death. All information can be found on our website: www.reidrichardsfoundation.com

SAMARITAN COUNSELING CENTER HAWAII

1020 South Beretania Street, Honolulu, HI 96814
Phone: 545-2740, fax: 545-2852
Website: www.samaritancounselingcenterhawaii.org
Eligibility: Anyone in need of counseling services
Services: Professional counseling that integrates spiritual and religious beliefs into the therapeutic process. We serve children, adults, and families in six community locations on Oahu. First United Methodist Church- 1020 Beretania St. (main office) ; Honpa Hongwanji Betsuin Hawaii, Pali Highway; Waiokeloa Congregational Church- Kahala; Windward UCC- Kailua; Our Lady of Sorrows Catholic Church- Wahiawa; Pearl City Community Church, Pearly City;
Fee: We accept insurance from HMSA, United Healthcare, UHA, HMA, Quest, UBH, Tricare, HMAA, AlohaCare, EAP's and others. The Center also offers a sliding fee scale and has a Client Assistance Fund, (supported by charitable donations) which makes services affordable for all.

SURVIVOR OUTREACH SERVICES (SOS) & TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS (TAPS)

Survivor Outreach Services, ACS, 371 Brannon Rd. Bldg. 663 Schofield Barracks, HI 96857
Phone: Catherine Ignacio, 655-8432 Email: Catherine.C.ignacio.civ@mail.mil
Website: www.himwr.com/survivor-outreach-services
Eligibility: All Survivors being the spouses, children, parents, siblings, and friends grieving the loss of military personnel regardless of how they died.
Services: Provides long-term support, resources and emotional connections to the military for the bereaved.
Fee: Call for information

THE SOCIETY OF MILITARY WIDOWS, ALOHA CHAPTER

107 Imaka Place, Wahiawa, Hawaii 96786
Website: www.militarywidows.org
Eligibility: Widows of career military personnel. Must possess military I.D.
Services: This active local chapter offers information, social activities and general support.
Fee: Call for information

BEREAVEMENT NETWORK OF HAWAII

VISITOR ALOHA SOCIETY OF HAWAII – V.A.S.H.

Waikiki Shopping Plaza, 2250 Kalakaua Avenue, Suite 403-3, Honolulu, Hawaii 96815

Phone: Jessica Lani Rich, President & CEO, 926-8274, fax: 926-0500

Email: Jrich.vash@gmail.com

Website: www.visitoralohasocietyofhawaii.org

Eligibility: Visitor victims of crime, medical emergencies, critical incidents, accidents, or other adversities; must have a round-trip ticket.

Services: Bereavement support and comfort in times of crisis. We also offer counseling. We assist with referrals for ground transportation; and mortuaries; assist with changes in hotel, car, and airline reservations; and more.

Fee: Free

III. INDIVIDUALS

ERIK ACUÑA, L.C.S.W.

Aiea Medical Building, 99-128 Aiea Heights Drive, Suite 109, Aiea, HI 96701

&

Remington College Building, 1111 Bishop Street, Room 512, Honolulu, HI 96813

Phone: 445-1858 Email: acuna.au@gmail.com

Eligibility: Adults and Families

Services: Offers counseling for all forms of grief and loss, relationship issues, anxiety and depression. Has extensive experience working with people with severe mental illness and trauma symptoms. Therapeutic approach is based in psychodynamic therapy and client-centered therapy. Integrates dialectical behavioral therapy and motivational interviewing techniques when appropriate.

Fees: Most insurances accepted.

KATE HAMMATT, M.S.C.P., Psy.D.

Pali Palms Plaza, 970 N. Kalaheo Ave., Bldg. A, Suite 219, Kailua, HI 96734

Phone: 778-3422 (cell, voice mail), fax: 261-4608

Eligibility: Individuals, couples, families, children, and adolescents.

Services: During 30 years of experience in Hawaii, Dr. Hammatt has developed a unique treatment approach using clients' metaphors in art and poetry as the basis to a transformative healing process. This process facilitates healing through grief and other life transitions.

Fee: Call for information or an appointment. Most insurance accepted.

RICHARD HENNESSEY, L.C.S.W.

Church of the Crossroads, 1212 University Ave., Honolulu, HI 96826

Phone: 372-1219

Email: rhawareness@yahoo.com

Eligibility: Individuals, Couples, Families

Services: Specializes in grief work using mindfulness, and teaches Mindfulness-Based Stress Reduction (MBSR) to address anxiety, panic, depression, anger, as well as, HBP, sleep disturbance, chronic pain, and life-threatening illness. Individuals, couples, and group counseling.

Fee: Most insurance accepted.

GOT AN ANGEL ON MY SHOULDER SURVIVOR LOSS SUPPORT - PUA KANINAU-SANTOS, MSW

98-626 Moanalua Loop #107, Aiea, HI 96701

Phone: 271-8582

Email: pkshawaii@gmail.com

Website: oahupshawaiiitaskforce.org

Eligibility: Loss of a loved one by suicide. All ages.

Services: Debrief for primary 'Ohana members. Grief, loss, and bereavement counseling, grief education, and consulting.

*Specialize in suicide prevention education and training.

Fee: Call for information.

BEREAVEMENT NETWORK OF HAWAII

MARI KANEMURA, L.C.S.W.

752 Lower Main St. Wailuku, Maui, HI 96793

Phone: 487-5433, email: mari.kanemura@gmail.com

Eligibility: Children, adolescents, adults, and their families.

Services: Grief counseling for children, adolescents, and adults coping with the death of a loved one, divorce, trauma, physical and sexual abuse. Therapeutic approaches with children include play therapy, sand tray therapy, and art therapy. Approaches with adolescents and adults include cognitive behavioral therapy and strengths-based approach to treating the whole person.

Fee: Most insurance accepted.

LARA LARSON, L.S.W. Psy. D.

1126 12th Avenue, Room #202, Honolulu, Hawaii 96816

Office hours also available in Kailua.

Email: drlaralarson@gmail.com

Phone: 383-1785

Website: www.drlaralarson.com

Eligibility: Individuals/families

Services: Dr. Larson has been a medical social worker in long term care, case management/foster home program, geriatric psychiatric unit, acute rehabilitation for brain injury, stroke, and spinal cord injury, as well as hospice bereavement counselor/coordinator. Specializing in grief counseling for all forms of loss, including illness, change in level of ability or independence, divorce/relationship, and the unique grief experienced with the loss of a beloved animal companion/pet. House calls available based on need and schedule availability (with minimal travel fee).

Fee: UHA, HMSA, HMAA, and others.

RICHARD I. RIES, Psy.D. M.S.Ed.

1188 Bishop Street, Suite 3110, Honolulu, HI 96813

Phone: 295-3999, fax: 521-4466 email: miko_ries@yahoo.com

Eligibility: Children (7 and above), adolescents, adults and older adults, families

Services: Hospice psychotherapy, Grief and loss, Caregiver Resiliency support and gold-standard Trauma treatment. Therapeutic approaches include Emotion-focused Therapy, Gestalt, CBT and Existential Psychotherapy with an emphasis on client spirituality/cosmology or adherence to a scientific or pragmatic view towards reconciliation/healing.

Fee: Most insurance accepted (HMSA, UHA, HMAA, Tricare, Medicare and others)

GEORGE F. RHOADES, JR., Ph.D.

Ola Hou Clinic, 98-1247 Kaahumanu Street, Suite 223, Aiea, HI 96701

Phone: 487-5433, fax: 487-5444 Email: dr.grhoades@gmail.com; olahouclinic@gmail.com

Eligibility: Children, adolescents, adults, and their families.

Services: Grief counseling for children, adolescents, and adults as well as general child, adolescent, and adult counseling. Specializing in the treatment of trauma, dissociation and groups for anger management.

Fee: Most insurance accepted.

JADE YOUNG, MDiv

Email: Jadeyoung13@gmail.com

Phone: (808) 734-5548

Eligibility: Individuals, couples, families

Services: Specializes in helping individuals and families navigate the journey of grief, finding ways to renew life purpose after losses (death, divorce, job loss or other traumas), and discovering new meaning in life. The approach uses talk story if appropriate, mindfulness practices, tools to build resilience, compassion for self and others, and develop a capacity to welcome all that life brings to us. The main goal is to restore a person's sense of hope, wholeness, and personal well-being.

BEREAVEMENT NETWORK OF HAWAII

Fee: For more information, please email or call (808) 734-5548

IV. HOSPICE & AGENCIES – NEIGHBOR ISLANDS

HAWAII CARE CHOICES – formerly HOSPICE OF HILO (Hawaii)

1011 Waiianuenue Avenue, Hilo, HI 96720–2019

Phone: Rebekah Bernard, Community Bereavement Counselor, (808) 969–1733, fax: (808) 969–4863;
Email: rbernard@hospiceofhilo.org
Website: www.hawaiicarechoices.org
Eligibility: Anyone experiencing the death of a loved one.
Services: Individual counseling, support groups, workshops and trainings offered throughout the year. Call for more information.

Adult Support Groups:

Daytime Grief Support Group (ongoing) meets every Tuesday 10a.m.

The Healing Journey: Adult Six-Week Grief Support Group. October 4–November 8. Pre-registration required.

The Journey of Grief- 3 Part Community Workshop Wednesdays, 5:30p.m.-7:00p.m., May 16, 23, 30

Family Bereavement Camp (all ages) Friday and Sunday, June 1&3, 5:30 p.m.-7:00p.m. ongoing drop in group; June 2nd Saturday, Survivor Suicide Group, 5:30 p.m.-7:00 p.m. at Pahala Plantation Cottages, Ka`u

Youth Support Groups:

Youth 3-Day Grief Group (Ages 5-11) Wednesday–Friday, July 18-20, 9:00 a.m.-10:30 a.m. at Ainaloa Long House

Youth 6-week Grief Group (Ages 5-11) Tuesdays, 4p.m.-5p.m., September 11–October 16.

Teen 4-week Grief Group (Ages 12-17) Wednesdays, 4p.m.-5:30p.m. September 12 - October 3.

Family Bereavement Camp (all ages) Saturday and Sunday, October 27-28 at Pahala Plantation Cottages, Ka`u

E-Newsletter:

To view Hospice of Hilo's online newsletter, go to hospiceofhilo.org/newsletter.

NORTH HAWAII HOSPICE (Hawaii)

65-1328 Kawaihae Road, Kamuela, HI 96743

Phone: Inez Schultz (808) 885–7547 (option 1), fax: (808) 885–5592

Website: www.northhawaii hospice.org

Email: Inez.Schultz@northhawaii hospice.org

Eligibility: Anyone who is dealing with a loss in the community.

Services: Adult individual and group grief support, Caregivers support, child/adolescent, individual and group support. Employee grief counseling support – available at work location. School Grief support groups (at school campus). Call North Hawaii Hospice for more information.

Circle of Support Groups (ongoing)

Pre-registration required & note that days/times may change)

Grief Group 2nd & 4th Tues. of each month 9:00 - 10:00 am

Expressive Arts (supplies provided) 2nd and 4th Wed. of each month 10:30 am – 12:30 pm

Holiday Support Group – Oct., Nov., Dec., (contact Hospice for details)

Note: A variety of group support groups are offered throughout the year.

Youth Support Groups

Good Grief Day Camp: ages 7 – 13, Date to be determined/ 2017, 9:30 am – 2:30 pm

Family Support Groups

ʻOhana Remembrance Ornament Decorating Evening (November)

Fee: All services are free.

HOSPICE OF KONA (Hawaii)

P.O. Box 4130, Kailua Kona, HI 96745

Phone: Jenny Schroedel, MA, Bereavement Services Coordinator, 808-443-2905

Email: jschroedel@hospiceofkona.org

BEREAVEMENT SUPPORT LIST (November 06, 2018)

BEREAVEMENT NETWORK OF HAWAII

Website: www.hospiceofkona.org
Eligibility: Anyone, community or hospice family, who is experiencing the loss of a loved one.
Services: **Individual counseling** for adults and children, support groups, workshops and educational evenings.
Ongoing Monthly Support groups: Those Who Have Lost a Child-1st Thursday of the month, 5:30 pm.-7:00 p.m.; Spouse Loss Group- Last Tuesday of the month, noon-1:30 p.m.
Six Week Support groups: Grief Explorations Support Group offered quarterly; Grief and the Arts Support Group, quarterly
Three Week Intro to Grief Group: Mind, Body, Soul, bi-annually
Grief Movie Nights:, 5:30 - 7:30 p.m.
Annual Children's Grief Camp: Camp Erin Hawaii
International Wave of Light: A memorial for babies
Mind, Body, Soul: Intro to Grief.
Yoga-Based: Relax & Restore, Second Wednesday, every month, 5:30 - 6:30p.m.
Annual Memorial Service: Circle of Remembrance offers the bereaved of the community an opportunity to express their grief and remember and honor their loved ones.
January 24, 5:00 p.m.- 7:00 p.m.
Fee: No Charge for any services. *For more information at Hospice of Kona Community Services Center, 75-5925 Waiolu Road, Suite 102. (808) 324-7700, fax: (808) 324-7722 or number above or visit our website at website www.hospiceofkona.org*

HOSPICE MAUI (Maui)

400 Mahalani Street, Wailuku, HI 96793
Phone: Beverly Lundquist, Psychosocial Services Supervisor (808) 244-5555, fax: (808) 244-5557
Email: beverly.hospicemaui@gmail.com
Joyce Lechuga, Bereavement Coordinator, joyce.hospicemaui@gmail.com.
Website: www.hospicemaui.org
Eligibility: Any person dealing with the loss of a loved one.
Services: **H.E.A.L. (Help Ease a Loss) Bereavement Support Group**-meets weekly on Wednesday, 6:00 p.m.-7:30 p.m.; Tuesday 3:00 p.m.-4:30 p.m. on alternate weeks. Call for more information.
Reconnecting with Life After Loss Group – a six week group meeting Thursdays from 5:30 p.m. to 7:30 p.m.
Holiday Open House – in November. No RSVP needed.
Fee: Free

KAUAI HOSPICE (Kauai)

4457 Pahe'e Street, Lihue, HI 96766
Phone: Operations Director Trisha Yamashita, 808-245-7277, fax: (808) 245-5006
Email: tyamashita@kauaihospice.org
Website: www.kauaihospice.org
Eligibility: Any person dealing with the death of a loved one.
Services: Kauai Hospice provides supportive services to anyone grieving the death of a loved one. Services include one on one support, peer support group meetings, bereavement buddies, information on grief and a children's grief program.
Journey Through Grief - a six week peer support group that brings individuals together once a week for six weeks. Registration is required. Contact Kauai Hospice for further info.
Candle Lighting Memorial Service - held annually the first Monday in December at the Immaculate Conception Church.
Trees of Remembrance - Runs from the Friday following Thanksgiving through Christmas at both Princeville and Kukui Grove Shopping Centers.
Fee: Free

BEREAVEMENT NETWORK OF HAWAII

LANAI COMMUNITY HEALTH CENTER

333 Sixth Street, PO Box 630142, Lanai City, HI 96763

Phone: Cori Takesue, Psy.D., Behavioral Health Specialist
For appointments-(808) 565-6919

Email: ctakesue@lanaicommunityhealthcenter.org

Website: www.lanaicommunityhealthcenter.org

Eligibility: Individual (children, adolescents, and adults), Couples, and Family

Services: Grief, loss, and bereavement counseling, psycho-education, and consultation with tele-
psychiatry.

Fee: We use insurance or sliding scale for uninsured Patients

LIFE'S BRIDGES HAWAII, INC.

P.O. Box 1965, Līhu'e, HI 96766

Phone: Gina Kaulukukui, 808-651-6637

Email: lifes_bridges@yahoo.com

Eligibility: Anyone grieving the death of a loved one.

Services: Life's Bridges is dedicated to bridging the gap between grief and healing by providing one on one counseling, bereavement buddies, specialized support groups and community education about death, grief and suicide prevention. Financial assistance to students' academic achievements is now provided.

BEST (Bridges Emergency Support Team) dispatch by the Kaua'i Police Department, BEST will go directly to the scene of any sudden and unexpected death and provide immediate support to the surviving family members 24 hours a day/7 days a week. Follow-up community support is also available to work, faith and school communities that may be impacted by the death.

Good Grief Club - this club is designed for children K through 5th grade and is held at various elementary schools around the island and is done in partnership with the Circle of Lights. Dates and locations vary.

BRIDGES – a support group for any parent who has had a child die regardless of the child's age. This group meets the 3rd Tuesday of each month 6:00 p.m. – 8:00 p.m. @ Līhu'e Plantation Building in Līhu'e.

Heal the Hurt – a support group for those who have had a loved one die by suicide. For day/time please call 651-6637.

Fee: Free

Bereavement Network of Hawaii meets for in-services and networking. We meet from **11:00 a.m. to 1:00 p.m.** on a **Thursday** (usually the 4th) in January, May, and September at various locations. To R.S.V.P. and/or for directions, please call Luisa Wyant at 547-8147 or email LWyant@StFrancisHawaii.org.

Next meeting: Thursday, January 24, 2019 hosted by Legacy of Life Hawai'i, @ Borthwick Mortuary. Can contact Carol Anne Gordon for more information.

Future meetings:

Thursday, May 23, 2019 @ Bodhi Tree, Judd St. hosted by Richard Hennessey, who will present to us; in collaboration with Valley of the Temples, who will provide the meal.

Thursday, September 27, 2019 – a host has yet to come forward for this date.

For revisions, please contact a Bereavement Social Worker @ St. Francis Hospice at (808) 595-7566 (main line), (808) 547-8147 (direct line), or fax (808) 547-8149.

St. Francis Hospice & Bereavement Network of Hawaii provides this list of resources for information purpose only, and not as an endorsement of those resources listed. This list is not all-inclusive. For additional

BEREAVEMENT NETWORK OF HAWAII

resources in the community, please check with your health care professional, religious community, or the telephone book.

St. Francis Hospice